



**2<sup>nd</sup> International Rhythmic Gymnastics Tournament**  
**“Devotion Cup London”**  
**9-10<sup>th</sup> November 2019**

Dear friends,

Devotion Rhythmic Gymnastics Academy, London has the great pleasure to invite your gymnasts to participate in the second International Rhythmic Gymnastics Tournament “Devotion Cup 2019”. The event will take place in Newham Leisure Centre, London, Great Britain on 9 and 10th November 2019.

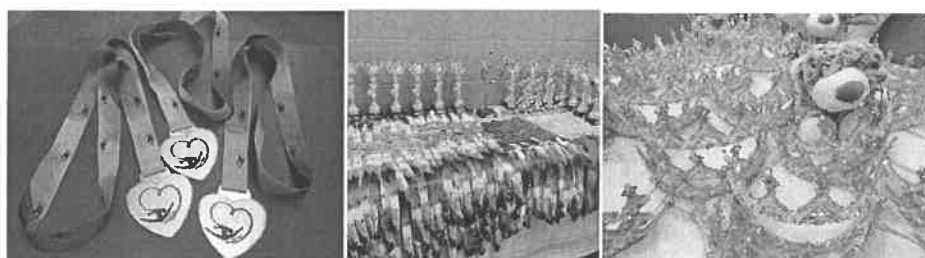
This is very friendly competition with lot of presents for all gymnasts.

We look forward to see you all at “Devotion Cup London”.

Warm wishes,

Devotion Rhythmic Gymnastics Academy

Organiser	<p>Devotion Rhythmic Gymnastics Academy  Daniela Yordanova (BUL, ENG, RUS) Head coach  Tel. 0044 7411548759 (What's app; Viber) e-mail: devotionrg@outlook.com  Facebook;Instagram - Devotion Rhythmic Gymnastics Academy</p>
Venue	<p>Newham Leisure Centre 281 Prince Regent Ln E13 8SD London Great Britain</p>
Car park	Free
Dates	8 <sup>th</sup> November arrival delegations, possible training on Friday evening. Category A Saturday, Cat. B on Saturday and Sunday, Cat.C on Sunday.
Delegation size	No limit of gymnasts per age and category. UK clubs can enter max 30 gymnasts. 1 Coach minimum. 1 Judge obligatory. If club doesn't provide a judge there is a fine of £100
Registration deadline	Nominative registration: 20 <sup>th</sup> September 2019 Definitive registration: 9 <sup>th</sup> October 2019
Entry fees	40£ per each individual gymnast with 2 routines 25£ per each gymnast with 1 routine 20£ per each gymnast from group
Visa	Please verify immediately with your travel agent or the British Embassy in your country if a visa is required for your travel to Great Britain. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15th September 2019.
Transport and accomodation	All the delegations are responsible to arrange their transport and accommodation for their own cost . Competition organiser can help to arrange some transport from the airport if you contact us in advance
Insurance	Delegations are responsible for their members having adequate insurance coverage against accidents, illness and other travel and sport risks.
Awards	For all categories overall winners will receive trophies and special designed medals for the tournament. There will be medals for each apparatus category. All participants will receive medals and gifts for participation. There will be also special prizes – Miss Smile, Miss Elegance, Miss Artistry etc.



<b>TECHNICAL PROGRAM - INDIVIDUAL EXERCISES "A" &amp; "B"</b>			
<b>FIG code of point</b>			
<b>AGE GROUP</b>	<b>ROUTINES</b>	<b>DIFFICULTIES</b>	<b>POINTS (Dmax)</b>
Baby 2013 and younger A&B	Free	Max 6 Body Difficulties(BD)- min 1 from each body movement group. Min 2 dance steps.	Free-3.00
Mini 2011-2012 A&B	Free and/or apparatus by choice	Max 6 Body Difficulties(BD)- min 1 from each body movement group. Max 1 risk. Min 2 dance steps. No limit of AD	Free-4.00 App.-4.00
Hopes 2010- 2009 A	2 apparatuses by choice(free, rope, hoop, ball, clubs, ribbon)	Max 7BD(Min 1 from each body movement group). Min 1 Dance steps. Min 2 risk. Min 1 AD	Free-5.00 App.-6.00
Hopes 2010- 2009 B	Free and/or apparatus by choice	Max 6BD(Min 1 from each body movement group). Min 1 Dance steps. Min 1 risk. Min 1 AD	Free-4.00 App.-5.00
Pre-Juniors 2008-2007 A	2 apparatuses by choice( rope, hoop, ball, clubs, ribbon)	Max 7BD(Min 1 from each body movement group). Min 2 Dance steps. Min 2 risk FIG. Min 1- Unlimited AD	App- 8.00
Pre-Juniors 2008-2007 B	2 apparatuses by choice( rope, hoop, ball, clubs, ribbon)	Max 7BD(Min 1 from each body movement group). Min 2 Dance steps. Min 1 risk FIG. Min 1- Unlimited AD	App.-7.00
Juniors 2004-2006 A	2 apparatuses by choice	FIG rules	FIG
Juniors 2004-2006 B	2 apparatuses by choice	FIG rules	App.-7.00
Seniors 2003 and older A	2 apparatuses by choice	FIG rules	FIG
Seniors 2003 and older B	2 apparatuses by choice	FIG rules	App- 8.00
<b>TECHNICAL PROGRAM - INDIVIDUAL EXERCISES "C"</b>			
<b>Judged on a basic code – each difficult cost 0.3 Only for British Clubs – level 1&amp;2(novice)</b>			
Baby 2013 and younger	Free	Min 3 BD- Max 5 BD(Min 1 from each body movement group). Min 2 dance steps .	Any BD will be awarded 0.3
Mini 2011-2012	Free or apparatus by choice	Min 3 BD- Max 5 BD(Min 1 from each body movement group). Min 2 dance steps . 1 Risk single rotation.	Any BD will be awarded 0.3
Hopes 2010- 2009	Free and/or apparatus by choice	Min 3 BD- Max 6 BD(Min 1 from each body movement group). Min 2 dance steps . Min 1 risk(FIG). Min 1 AD	Any BD will be awarded 0.3
Pre-Juniors 2008-2007	Apparatus by choice	Min 3 BD- Max 6 BD(Min 1 from each body movement group). Min 2 dance steps . Min 1 risk(FIG). Min 1 AD	Any BD will be awarded 0.3
Juniors 2004-2006	Apparatus by choice	Max 6 BD(Min 1 from each body movement group). Min 2 dance steps . Min 1 R, Min 1 AD	Any BD will be awarded 0.3
Seniors 2003 and older	Apparatus by choice	Max 8BD(Min 1 from each body movement group). Min 1 Dance steps. Min 1 risk. Min 1 AD	Any BD will be awarded 0.3

Groups		
AGE GROUP	Category A	Category B
Mini 2012-2013 or younger	Apparatus by choice	
Children 2011,2010-2009	Apparatus by choice	Apparatus by choice
Pre-Juniors 2008-2007	Apparatus by choice	Apparatus by choice
Juniors 2004-2006	Apparatus by choice	Apparatus by choice
Seniors 2003 and older	Apparatus by choice	Apparatus by choice

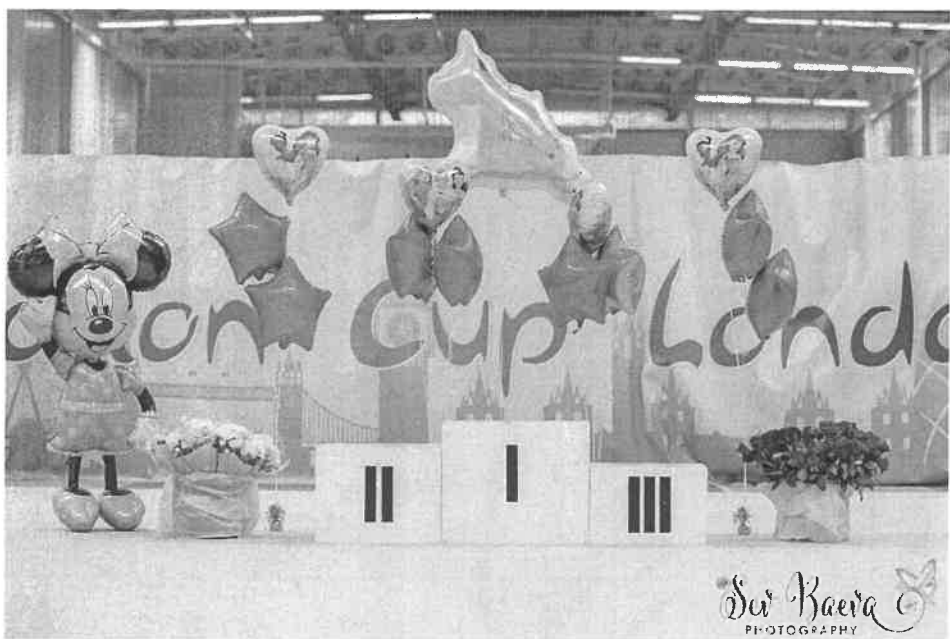
\*Please note that if only 1 gymnast is in category , organiser keep the rights to mve her into another level.

**Registration** is via [www.competium.org](http://www.competium.org) "Devotion Cup London"

**Music** should be uploaded by 1<sup>st</sup> November 2019 via [www.competium.org](http://www.competium.org)

**Payment details:**

Bank: Natwest  
 Devotion RGA Limited  
 Sort Code: 51-70-57  
 Acc.Number:82263965  
 Reference: Club's name



*We look forward to see you at our ffriendly competition!*