

Lithuanian Winter Championships 2020

(Lietuvos žiemos pirmenybės)

- Qualification event for the Tokyo Olympic Games 2020



1. Venue and Time

- The competition will take place on 21–22nd of February, 2020, in Alytus (LTU).
- 8 lanes, 50 m indoor swimming pool
- Program:

DAY I 21st of February, 2020 (Friday)	DAY II 22nd of February, 2020 (Saturday)
Heats: Warm-up 9.00–9.55 Competition starts at 10.00	Heats: Warm-up 8.00–8.55 Competition starts at 9.00
FINALS Warm-up 16.00–16.55 Competition starts at 17.00	FINALS Warm-up 15.00–15.55 Competition starts at 16.00

2. Organization

The LTU Swimming Federation is responsible for the organization and management of the event. The technical officials for the competition will be appointed by the Lithuanian Swimming Federation. The competition will be organized and officiated according to the FINA rules and regulations.

3. Participation

The Meet is open – all countries are welcomed!

3 Age Groups:

➤ **YOUTH**

Boys born on 2004– and younger (16 years of age and younger)

Girls born on 2005– and younger (15 years of age and younger)

➤ **JUNIOR**

Boys born on 2002–2003 (18–17 years of age)

Girls born on 2003–2004 (17–16 years of age)

➤ **OPEN category**

Open group, without any age limitation.

4. Program

DAY I 21st February 2020 (Friday)			DAY II 22nd February 2020 (Saturday)		
Morning section Warm-up 9.00-9.55 Start: 10.00		FINALS Warm-up 16.00-16.55 Start: 17.00	Morning section Warm-up 8.00-8.55 Start: 9.00		FINALS Warm-up 15.00-15.55 Start: 16.00
1.	100 free M	100 free M, A+B	18.	100 free W	100 free W, A+B
2.	200 free W	200 free W, A	19.	200 free M	200 free M, A
3.	200 breast M	200 breast M, A	20.	200 breast W	200 breast W, A
4.	100 breast W	100 breast W, A+B	21.	100 breast M	100 breast M, A+B
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
5.	100 Back M	100 Back M, A+B	22.	100 Back W	100 Back W, A+B
6.	200 Back W	200 Back W, A	23.	200 Back M	200 Back M, A
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
7.	200 Fly M	200 Fly M, A	24.	200 Fly W	200 Fly W, A
8.	100 Fly W	100 Fly W, A+B	25.	100 Fly M	100 Fly M, A+B
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
9.	400 Free M	400 Free M, A	26.	400 Free W	400 Free W, A
10.	50 Free W	50 Free W, A+B	27.	50 Free M	50 Free M, A+B
11.	50 breast M (OPEN)	50 breast M, A+B	28.	50 breast W (OPEN)	50 breast W, A+B
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
12.	400 IM W	400 IM W, A	29.	400 IM M	400 IM M, A
13.	200 IM M	200 IM M, A	30.	200 IM W	200 IM W, A
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
14.	50 Back W (OPEN)	50 Back W, A+B	32.	50 Back M (OPEN)	50 Back M, A+B
15.	50 Fly M (OPEN)	50 Fly M, A+B	31.	50 Fly W (OPEN)	50 Fly W, A+B
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
16.		4x100 free W (OPEN)	33.		4x100 free M (OPEN)
17.		4x100 medley M (OPEN)	34.		4x100 medley W (OPEN)
		<i>Award OPEN</i>			<i>Award OPEN</i>
<i>TEAMS and BEST Performances award ceremonies</i>					

5. Competition Rules

- **Morning heats** – seeded from slowest to fastest heats (not sorted according to age groups). 8 or 16 fastest swimmers (50, 100 m events – A and B Finals; 200,400 m events – only A Finals) will qualify for the finals and will compete in an OPEN age group in the evening session. The final result lists will be prepared according to the age groups for Youth and Junior from the preliminary heats as the timed final races.
- **Evening finals – Finals of OPEN group.** No age limitations. First 8 (only A Final) places provide points to team scoring.
- FINA rules applied.
- Entry fee 10 Euro / participant / per competition

6. Team scoring and awards

YOUTH

- The winners are determined among boys and girls for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
- 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
- The winning teams in overall standing (1st, 2nd, 3rd) by total points will be awarded with cups.
- Youth age group competitions is timed from the preliminary heats as final races.

JUNIOR

- The winners are determined among boys and girls for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
- 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
- The winning teams in overall standing (1st, 2nd, 3rd) by total points will be awarded with cups.
- Junior age group competitions is timed from the preliminary heats as final races.

OPEN age group

- Participants of OPEN category:
 - 50 and 100 events – A Final (8 fastest from morning heats) + B Final (9–16 fastest from morning heats)
 - 200, 400 events – A Final (8 fastest from morning heats)
 - 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
 - One relay team per club will bring points to their team multiplied by 2 (two): 34-30-28-26-24-22-20-18
 - The winners are determined among men and women for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
 - Relay teams will be awarded with Cup trophies.
 - The winning teams in overall standing (1st, 2nd, 3rd) by total points will be awarded with cups.
 - Additionally, 5 best swimmers who have scored the most points based on FINA Table in Olympic events will be awarded with money prizes:
 - 1st place – 600 Euro
 - 2nd place – 500 Euro
 - 3rd place – 400 Euro
 - 4th place – 300 Euro
 - 5th place – 200 Euro
- * Only Olympic events according to 2019 FINA points table.*

7. Application

- Final Entries should be submitted via the Online Entry System found here: <https://www.swimrankings.net/manager/>
- Technical entry times for individual and relay events must comply with the results from www.swimrankings.net and must be achieved during the period from **1st of January 2019 to 17th of February, 2020**. Swimmers whose achieved results from the database mismatch with the results from technical entry, will start with mark 'NT'.
- Entry Reports must be sent by the team representative to the email lpf.paraiskos@gmail.com by midnight of 15th of February.

- The entry form by names for the relays should be submitted to the Secretary no later than one hour before the beginning of the session of the current day.
- Deadline for swimrankings.net online entries – **February 15th, 2020.**
- Withdrawals, changes possible by email lpf.paraiskos@gmail.com till **February 18th, 2020.**
- All DNS (did not start) events, during the competition, will be fined 10 euro per DNS. If team leader/coach, 1 hour before the session starts, did not fill the form of withdraw.

8. Atranka į Baltijos šalių čempionatą (only for LTU)

- 2020 03 07–08 Rygoje (Latvija) vyks Baltijos šalių čempionatas;
- LŽP programa, amžiaus grupės – analogiškos BŠČ;
- LŽP metu vyks Lietuvos rinktinės komandos atranka į BŠČ;
- Maksimalios komandos sudėtys:
 - Youth 12 merginų+12 vaikinų + 4 treneriai
 - Junior 12 merginų + 12 vaikinų + 4 treneriai
 - Tik Open 10 moterų + 10 vyrų + 2 treneriai
- Youth ir Junior atranka:
 - Vykdoma tik iš parengiamųjų plaukimų rezultatų.
 - Visi individualių rungčių nugalėtojai tiesiogiai patenka į komandą (50, 100, 200, 400 free; 100, 200 Fly; 100, 200 breast; 100, 200 back; 200, 400 IM)
 - Kiti nariai (jeigu lieka laisvų vietų) į komandą kviečiami komandos trenerio.
 - Minimalus reitingas leidžiantis dalyvauti BŠČ – 525 FINA taškai rungtyje.
- Open amžiaus grupės atranka:
 - Į komandą kviečiami OPEN grupės rungčių (FINALŲ) nugalėtojai.
 - Kiti nariai (jeigu lieka laisvų vietų) į komandą kviečiami komandos trenerio.
- Galutinė BŠČ komandos sudėtis skelbiama ne vėliau nei 2020 02 28 d.

9. Other information

- The championships is a public event, where videos and photos might be taken.
- The filmed and photographed material may be published in the media and online.
- The team leaders are responsible for: following the deadlines; participants' safety during the arrival/departure and the competition; proper behaviour of their athletes during the competition and the free time.
- By submitting the entries, the represented organization confirms the all participants' eligibility of their health conditions and ability of all entrants to take part in competition, and takes the full responsibility of their health insurance, accommodation, catering and travel etc. expenses.
- Contact:
 - lpf.paraiskos@gmail.com
 - www.ltuswimming.com

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