



INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT
Kaunas Rhythmic Gymnastics Club
Cup 2020

DIRECTIVES

ORGANIZER

Association „Kaunas rhythmic gymnastics club“
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 Email: info@meninegimnastika.lt
www.meninegimnastika.lt

VENUE

VRM Sports center, Griunvaldo st. 16, Kaunas, Lithuania.

DATES

17th – 18th October 2020.

REGISTRATION AND DEADLINES

Definitive registration:	September 13, 2020
Nominative registration:	September 27, 2020
Music deadline:	October 4, 2020

Registration:
info@meninegimnastika.lt
 All music must be sent to:
kmgkcupmusic@gmail.com

PROVISIONAL SCHEDULE

Day 1 (Saturday, 17th October 2020) – judge meeting, competition.
Day 2 (Sunday, 18th October 2020) – judge meeting, competition.

DELEGATION

Maximum 3 gymnasts in one category (A, B). A number of gymnasts is unlimited for B light and C category. EaNuostach delegation must have a judge. The fine of 50 EUR will be applied to delegations without a judge.

ENTRY FEES

40 EUR AB, 35EUR B light, C

AWARDS

1st – 3rd place winners will be awarded with diplomas, medals, cups and prizes. 4th – 6th place winners will be awarded with diplomas, medals and prizes. All participants will be awarded with medals and prizes. Selected gymnasts will be awarded with prizes for special nominations.

INSURANCE

All participants must have their own health insurance.

MEDICAL SERVICES MEALS

Medical services will be provided by the Organizing Committee during the competition.

Organizers will cover meals (lunch) for coaches and judges at the competition hall during the competition.

TRANSPORTATION AND ACCOMODATION

The participating delegations must cover all the costs of traveling and accommodation. Recommended hotels nearby (walking distance):

- Magnus Hotel, 3*, Vytauto pr. 25, Kaunas
<http://www.magnushotel.lt/index.php/en/>
- Europa Royale, 4*, Miško g. 11, Kaunas
http://www.groupeuropa.com/europa_royale/kaunas_hotel/
- bis Hotel, 3*, Vytauto pr. 28, Kaunas
<https://www.accorhotels.com/gb/hotel-8622-ibis-kaunas-centre/index.shtml?adults=&children=&nights=&dateIn=>

TECHNICAL PROGRAM

Age group:	A	B*	B light	C
2014	without app.	without app.		
2013	without app.	without app.		without app.
2012	without app. + 1 app. by choice	1 app. by choice (D max. 2.5)	without app.	without app.
2011	2 app. by choice	without app. + 1 app. by choice (D max. 3.0)	1 app. by choice	without app.
2010	2 app. by choice	2 app. by choice (D max. 3.5)	1 app. by choice	without app.
2009	2 app. by choice	2 app. by choice (D max. 4.0)	1 app. by choice	without app.
2008	2 app. by choice	2 app. by choice (D max. 4.5)		1 app. by choice
2007	2 app. by choice	2 app. by choice (D max. 5.0)		1 app. by choice
2006	2 app. by choice	2 app. by choice (D max. 5.5)		
2005	2 app. by choice	2 app. by choice (D max. 6.0)		
2004 and older	2 app. by choice	2 app. by choice		

* All participants competing in B level must not exceed the determined D score. If gymnast scores a higher number of points for D panel the result will be reduced to a maximum allowed D score for a particular age group. In this case, the overall result will be determined by E panel.

**Kaunas Rhythmic Gymnastics
Club Cup 2020**

COUNTRY: _____

CLUB: _____

PHONE: _____

E-MAIL: _____

CONTACT PERSON: _____

Individual competition:

Nr.	Name, Surname	Age group	Category	1 st Apparatus	2 nd Apparatus
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					

Judge: _____

Coach: _____

Application must be sent to info@meninegimnastika.lt by September 13th, 2020.