**III Gdynia Rhythmic Stars**
**Gdynia, Poland**
**18-19.09.2021**

# DIRECTIVES

## Event ID: 16661
## New dates and information

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Poland has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

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| **DISCIPLINE** | **Rhythmic Gymnastics** |
| **HOST FEDERATION** | **Gymnastics Federation Of Poland**<br>Wiesława Milewska<br>ul. Ratuszowa 11<br>03-450 Warsaw<br>+(48) 570 990 303<br>wmilewska@pzg.pl<br>http://pzg.pl |
| **LOCAL ORGANIZING COMMITTEE** | **Director of the competition**<br>Anna Mrozinska<br>Władysława IV 54, 81-384 Gdynia, Poland<br>+(48) 503 113 846<br>maricruzdance@gmail.com |
| **LOCATION** | **Gdynia, Poland** |
| **DATE** | **18-19.09.2021** |
| **VENUE** | **Gdynia Arena**<br>Kazimierza Gorskiego 8, 81-302 Gdynia, Poland<br>+48 (58) 783 55 00<br>http://www.gdyniaarena.pl<br> <br>sekretariat@gdyniasport.pl or<br>p.filipowicz@gdyniasport.pl<br><br>Additional information:<br>- very good sound system-unique acoustic of hall<br>- 2 training carpet<br>- 1 competition carpet |
| **APPARATUS SUPPLIER** | Please refer to the attached apparatus list |
| **GYMNASTS' HAND APPARATUS** | The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.<br>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.<br>**Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.** |
| **RULES AND REGULATIONS** | The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:<br>• Statutes<br>• Code of Ethics |

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| | • Code of Conduct<br>• Technical Regulations<br>• Code of Discipline<br>• Code of Points and relevant Newsletters / Helpdesk<br>• General Judges' Rules<br>• Specific Judges' Rules<br>• Anti-Doping Rules<br>• Medical Organisation of FIG Competitions and Events<br>• Framework for safeguarding athletes and other participants from harassment and abuse in sport during events<br>• License Rules<br>• Media Rules<br>• Apparatus Norms<br>• Rules for Sanctioning (approval) of International Events<br>• Advertising and Publicity Rules<br>• Regulations for Award Ceremonies<br>• Accreditation Rules<br>*and subsequent decisions of the FIG Executive Committee* |
| **FEDERATIONS INVITED** | The Organizing Member Federation will invite all Member Federations in good standing |
| **AGE LIMITS** | **Junior Individual: 13-15 years (2006-2008)**<br>**Senior Individual & Group: 16+ years (2005 and older)**<br><br>**All gymnasts must have a valid FIG licence until the end of the event.** |
| **JUDGES AND JURIES** | **All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (RGI and/or RGG).**<br><br>The participating Member Federations must send minimum one qualified judge. Failure to do so will result a fine of 200€ - to be paid to the LOC at the accreditation. |
| **REGISTRATION DEADLINES** | Provisional registration: **20.07.2021**<br>Definitive registration: **31.07.2021**<br>Nominative registration: **13.08.2021** |
| **ENTRY FEES** | The Entry fee for this event will be:<br>**40 euro** per individual gymnasts<br>**130 euro** per group<br><br>**70 euro extra person** |
| **ACCREDITATION** | The accreditation procedure will take place at the competition hall.<br>Heads of delegation have to bring to the accreditation office:<br>• The passports of all participants<br>• The national flag<br>• 1 CD or USB stick with the music for routines<br>• Certification of insurance for all delegation members covering illness, accidents and repatriation<br>• Proof for full payment towards the LOC (copy of the SWIFT to be given to the LOC)<br>Please send all music for routines for each gymnast and group **before 20.08.2021** together with the nominative registration, to the following address: rgmusic@wp.pl |
| **EVENT FORMAT** | **Junior Individual Competition**<br>**All around** - 2 gymnasts per federation<br><br>**Senior Group Competition**<br>**All around** - 2 exercises – (5 balls; 3 hoops & 2 pair of clubs)<br>**Group Apparatus Final** – the best 8 Groups per exercise |

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| | **Senior Individual Competition (FIG Rules)**<br>**All around** - 2 gymnasts per federation<br><br>Delegations line up:<br>1-2 senior gymnasts<br>1-2 junior gymnasts<br>1 senior group<br>1-2 judges<br>4 coaches |
| **PROVISIONAL SCHEDULE** | **16.09.2021 (Thursday)**<br>- Arrival of the delegation<br>**17.09.2021 (Friday)**<br>- Training from 16.00 – 22.00<br>- Orientation meeting<br>**18.09.2021 (Saturday)**<br>- Judges drawing for AA<br>- All around: Junior and Senior: Individual - 2 exercises;<br>- All around: Senior Groups<br>**19.09.2021 (Sunday)**<br>- Judges drawing for group finals<br>- All around: Junior and Senior: Individual - 2 exercises;<br>- Finals: Senior Groups<br>- Official closing dinner<br>**20.09.2021 (Monday)**<br>- departure of the delegation |
| **MEDICAL SERVICES** | First aid staff will be available at the venue, and will assist with further needs. |
| **COVID 19** | Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.<br>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.<br>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.<br>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible. |
| **VISA** | Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before **20.07.2021** to the LOC.<br>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. |
| **INSURANCE** | The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.<br>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.<br>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.<br><br>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation. |

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| **INTERNATIONAL TRANSPORTATION** | **The invited participating federations must pay for the travel costs of their delegation members.**<br><br>The Travel Schedule Form must be returned to the LOC by **13.08.2021** |
| **LOCAL TRANSPORTATION** | The **only** airports - Gdansk-Rebiechowo "Lech Walesa" Airport (GDN).<br>The transportation from/to Gdansk airport is free. The transportation from/to Gdynia railway and bus station is also free. The Organizers will provide all transportation from/to Competition Hall. |
| **ACCOMMODATION** | <br>**Hotel Mercure**<br>Armii Krajowej 22<br>81-372 Gdynia, Poland<br>+48 (58) 666 30 40<br><br>https://all.accor.com/<br>The costs per room/night in this Hotel are as follows:<br>95 euro (single room, including breakfast and dinner)<br>140 euro (double room, including breakfast and dinner)<br>170 euro (triple room, including breakfast and dinner)<br><br> <br>**Hotel Antares**<br>Komandorska 59<br>81-232 Gdynia, Poland<br>+48 (58) 623 36 39<br><br>http://www.hotelantares.pl<br>The costs per room/night in this Hotel are as follows:<br>80 euro (single room, including breakfast and dinner)<br>120 euro (double room, including breakfast and dinner)<br>150 euro (triple room, including breakfast and dinner)<br><br> <br>**Hotel Blick**<br>Jana z Kolna 6<br>81-351 Gdynia,Poland<br>+48 (58) 783 03 00<br><br>http://hotelblick.pl<br>The costs per room/night in this Hotel are as follows:<br>65 euro (single room, including breakfast and dinner)<br>120 euro (double room, including breakfast and dinner)<br><br>**The number of places in the hotels are limited !**<br><br>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by **13.08.2021** at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.<br><br>The costs for the accommodations must be paid to the LOC upon arrival at the latest or by bank transfer before arrival.<br><br>The invited participating federations must pay for the accommodation expenses of their delegation members. |
| **MEALS** | During the competition, the lunch will be served in Sport Hall<br>Fee 15 euro per person/per day |
| **FINAL BANQUET** | The banquet will be free of charge for the participants |

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| **BANK ACCOUNT INFORMATION** | All costs are to be paid cash in Euro upon arrival or by bank transfer before arrival.<br>SGA Gdynia<br>ul. Wladyslawa IV 54, 81-384 Gdynia, Poland<br>Bank name: ING Bank Śląski<br>IBAN<br>PL 69 1050 1764 1000 0092 0030 0888<br>SWIFT Code: INGBPLPW<br><br>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Gdynia Rhythmic Stars 2021<br>The participating federation is responsible for covering all bank fees in connection with the bank transfers. |
| **MARKETING** | FIG advertising and publicity norms must be respected |
| **SOCIAL MEDIA** | WWW: www.gdyniargstars.pl (since August 2021)<br>INSTAGRAM: gdyniastars |
| **DEADLINES SUMMARY** | |

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| Visa Request Form | **20.07.2021** |
| Provisional Registration | **20.07.2021** |
| Definitive Registration | **31.07.2021** |
| Nominative Registration | **13.08.2021** |
| Accommodation Form | **13.08.2021** |
| Travel Schedule Form | **13.08.2021** |
| Payment of the Entry Fee | **Upon arrival/Bank transfer** |
| Payment of the Accommodation Costs | **13.08.2021 Bank transfer** |
| Payment of the fine for missing judge | **Upon arrival** |

Sincerely Yours,

POLSKI ZWIĄZEK GIMNASTYCZNY

Sekretarz Generalny
Polskiego Związku Gimnastycznego
mgr Aneta Orłowska

Place and date:
Warszawa, 15.07.2021

Signature of the President or
Secretary General of the FIG affiliated NF