



GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

Invitation no. I

Warsaw, 06-Sep-2021

Dear Friends of Rhythmic Gymnastics!

We have a pleasure to invite you to the **8th International Tournament in rhythmic gymnastics "Warsaw Autumn 2021"** organised by GWKS Ajsedora which will take place on 26-28-Nov-2021 in Warsaw, Poland, Sports Hall in OSiR POLNA, Polna str. 7 a.

Organizer: GWKS Ajsedora Warsaw
Where: Warsaw, Poland, OSiR POLNA Sports Hall, Polna street 7 a
When: 26-28 November 2021r.
Tel.+ 48729395000 (viber) Mariya Stratus admin
e-mail: gwksajsedora@gmail.com

PRELIMINARY ENTRY

The preliminary entry notification should be sent to: gwksajsedora@gmail.com till **10-Oct-2021** the latest.

REGISTRATION

The definitive entry is to be registered at <https://www.rgform.eu> by 10-Nov-2021.

DELEGATION

We would like to invite from each club: a judge, a coach, unlimited number of gymnasts. The properly qualified judge is **OBLIGATORY (without a judge – a fee of 50 EUR)**

ATTENTION!

The participants need to abide by the current, national rules and regulations pertaining to COVID -19 in each interested country (you may check Re-Open EU app)



GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

Category	A	B	C
„Baby”: 2015 and younger	- WA(*)	- WA(*)	- WA(*)
„Baby”: 2014	- WA(*) - App. by choice	- WA(*)	- WA(*)
„Baby”: 2013	- WA(*) - App. by choice	- WA(*)	- WA(*)
Children 2012	- ROPE - App. by choice	- WA(*) - App. by choice	- WA(*)
Children 2011	- BALL - App. by choice	- WA (**) - App. by choice	- WA(**)
Pre junior 2010	- App. by choice - App. by choice	- App. by choice - App. by choice	- App. by choice
Pre junior 2009	- App. by choice - App. by choice	- App. by choice - App. by choice	- App. by choice
Junior 2008 (***)	- App. by choice - App. by choice - App. by choice	- App. by choice - App. by choice	X
Junior 2007 (***)	- App. by choice - App. by choice - App. by choice	- App. by choice - App. by choice	X
Junior 2006 (***)	- App. by choice - App. by choice - App. by choice	- App. by choice - App. by choice	X
Senior 2005 and Older (***)	- App. by choice - App. by choice - App. by choice	- App. by choice - App. by choice	X

According to the Polish Gymnastics Association (PZG) 2021 competition program.

(*) - max. 2 Risks in the system, min. 3 max. 8 BD

(**) - min. 3 max. 8 BD (minimum 2 jumps, minimum 2 balances, minimum 2 pirouettes) 3 S.

(***) - according to the provisions of FIG

PRIZES

Each gymnast will be rewarded with a diploma, a medal and a gift.

1st, 2nd and 3rd place will be additionally rewarded with a cup and a gift.



GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

MUSIC

The Music files should be sent to: <https://www.rgform.eu> till **10-Nov-2021** the latest.

The requirements are as follows:

- MP3 files, quality 196kb/s the minimum,
- starting signal,
- constant level of volume,
- possibly without silence before and after music

Other music formats will not be accepted.

The mp3 files should be named in Polish or English:

Surname_Name_YearOfBirth_Group_apparatus_Club.mp3

e.g. Kowalska_Anna_2006_groupA_hoop_GWKS Ajседора.mp3

Kowalska_Anna_2006_groupA_WA_GWKS Ajседора.mp3

In the case a file is named in a language different than Polish or English the organizer shall not bear responsibility for errors in playing music during the tournament. Due to organizational and technical reasons there will be no possibility to play music from a CD or to convert CDs to mp3 files by the organizer on the days of the tournament.

Media service

<http://www.rell.tv/wp/>

Foto :

<https://www.facebook.com/leszek.tomaszewski.35>

ACCOMODATION AND TRANSPORTATION

At the discretion of the delegations.

We can arrange transfers on request at an extra charge.

LUNCH

There is a possibility to buy lunch at the sports hall at EUR 6 a day. Please book lunches in advance by sending a form received after preliminary entry to **10-Nov-2021**

<https://www.rgform.eu>

We assure the meals for the judge and one trainer.

START FEE

EUR 40 per gymnast

To be paid during the Carpet Training.



GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

MISCELLANEOUS

If any of your gymnasts has her birthday on any day of the tournament, please also let us know so that we could surprise her.

The detailed programme will be sent in the next message.

DEADLINES SUMMARY

Preliminary Entry	10-Oct-2021 – e-mail
Definitive Registration	10-Nov-2021 – https://www.rgform.eu
Music Registration	10-Nov-2021 – https://www.rgform.eu
Lunch Registration	10-Nov-2021 – https://www.rgform.eu

See you in Warsaw!

Contact details:

gwksajsedora@gmail.com

+48729395000 Mariya Stratus

Should you have any questions please contact us at gwksajsedora@gmail.com

This message is an official invitation to the tournament organized by GWKS Ajседora.

Michał Bałaga

President
GWKS Ajседora