

International Rhythmic Gymnastics Tournament "Summer Trophy 2022" 09/06/22 – 11/06/22

Dear Rhythmic Gymnastics Friends, We are pleased to invite you to The 9 th International Rhythmic Gymnastics Tournament for club 09th to 11th June 2022 Sport Club "Andromeda", Italy.

Roseto degli Abruzzi is situated on the beautiful Adriatic Coast with enjoyable and lively beach life and a long sandy beach. The dramatic Apennine Mountains are only 30 minutes away which has interesting walks and panoramic views. If you would like to visit the local area e.g. Rome, Bari or the mountains, we can organize excursions.

SPORT	Rhythmic Gymnastics (RG)
DATE	June 09-11, 2022
PLACE	Roseto degli Abruzzi, Italy
LOCAL ORGANIZING	Gymnastics Club ASD Andromeda Contact Person: Irina Gromova Phone:+39 346 0209367 WhatsApp:+39 346 0209367 e-mail:gromova.iri@gmail.com
COMPETITION	"Maggetti" Sport Hall, st.,Solara, 64026 Roseto degli Abruzzi, Italy
DELEGATIONS	Coach 1-2 Gymnasts without limits Judges 1-2 Each delegation must include 1 judge (Brevet FIG or national category). Delegations coming without a judge will be charged of €100.00
ENTRY FREE	€ 60.00 per each gymnast
MUSIC § SCRIPT	Please upload all music to ONLINE reg. system: http://rgform.eu/event.php?id_prop=3429 Deadline for music upload: May30, 2022 Please all athletes must also bring a set of CD's, USB, MP3 player to the event as a back up.
COMPETITION DATE:	08/06 - Delegates' arrival and training hall 09/06 - Meeting of Judges, Opening Ceremony. Competition day for level D, C and B. 10/06 - Meeting of Judges, Competition day for level B And A. 11/06 - Closing Ceremony, Gala Show. 12/06 - Delegates' departure.
PRIZES	The first three winners in every category and in every apparatus/without apparatus will receive a Diploma and Medal. All the participants will receive presents, and special winners: Miss Smile, Miss Elegant and Miss Body.

MEDICAL SERVICES

Certified medical staff will be available during training and competition schedule.

REGISTRATION

Registration will be ONLINE at:

http://rqform.eu/event.php?id prop=3429

Preliminary inscription: 28.02.2022
Definitive inscription: 01.05.2022
Hotel reservation: 17.04.2022
Visa application: 03.04.2022
Bank details: 29.05.2022

BANK DETAILS

Beneficiari: ASD Andromeda Bank: Monte Paschi di Siena

IBAN: IT 17 D 01030 77021 000000528303

BIC: PASCITM1Z48

64026 Roseto degli Abruzzi (TE), Italy

Delegations can pay all fees also in cash during the accreditation in competition hall in Roseto degli Abruzzi.

ACCOMMODATION

Conventional hotels on the sea.

Tourist tax of Roseto degli Abruzzi sity council is not included (1,50€ per person older than 14 y.o. per one night up to 10 nights).

Residens"Altamira"st.,Palermo,24 Roseto degli Abruzzi https://www.altamiravacanze.it

Accommodation Fee includes. This price includes bed and breakfast, lunch and dinner 15 mins the competition hall by cars

Room type	SINGLE	DUOBLE	TRIPLE	QUATROPLA
Room type	65.00 €	90,00 €	125.00 €	150.00 €

Hotel"Altamira"** st.,Claudio, 5 64026 Roseto degli Abruzzi https://www.altamiravacanze.it

Accommodation Fee includes. This price includes bed and breakfast, lunch and dinner. Near competitions Sport Hall.

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Room type	SINGLE	DUOBLE	TRIPLE	QUATROPLA
11.5	65.00 €	90.00€	125.00 €	150.00€

Hotel"Palmarosa***"st.,Lungomare Trento, 3 64026 Roseto degli Abruzzi http://hotelpalmarosa.it

Accommodation Fee includes. This price includes bed and breakfast, lunch and dinner.10 mins the competition hall by cars. Transfer hotel – Sport Hall cost 5€ per person, minimum 4 persons.

1105	DPOIL III	11 0000 0 -		,	
Room	SINGOLA	DUOBLE	TRIPLE	FAMILY 4 PER-S	FAMILY 5 PER-S
177	65.00 €	100.00€	130.00 €	160.00€	190.00€

Hotel"La Tartaruga***"st.,Matcantonio,3 64026 Roseto degli Abruzzi <u>http://www.hotellatartaruga.it</u>

Accommodation Fee includes. This price includes bed and breakfast. Near competitions Sport Hall.

Room type	SINGLE	DUOBLE	TRIPLE	FAMILY 4 PER-S
	45.00 €	60.00 €	85.00 €	105.00 €

Hotel"Gemma*"**st.,64026 Roseto degli Abruzzi http://hotelgemma.it

Accommodation Fee includes. This price includes bed and breakfast,

lunch and dinner. Near competitions Sport Hall.

Room type	SINGLE	DUOBLE	TRIPLE	FAMILY 4 PR-S
	65.00€	90.00 €	130.00 €	160.00 €

VISA

Check if Visa is necessary to enter Italy. In case you need help, please send us the following information by **April 3st,2022**

Name of the gymnast/judge/coach. Date of birth.

Passport number and date of issue, date of expiry and issuing

office.

Work address(sports club), tel., fax. Occupation.

Contact person: Sport Club Andromeda. Irina Gromova Tel.:+39 346 0209367; e-mail: gromova.iri@gmail.com

TRANSFER

Club Andromeda will organize transport service by request from Airport Roma – Roseto degli Abruzzi. Transportation expenses (approximately $27 \in \text{per person single and } 54 \in \text{return}$) will be charged after the tournament. Delegates are asked to fill the enclosed Travel plan form **no later than May 01^{\text{nd}}.**

INSURANCE

All participants should have their own Health § Accident insurance as the organizer is not responsible

GALA

Each team is welcome to present 1 short exhibition (min.1 max. 2 per team) not longer than 3 minutes. If you would like to participate in the gala, please indicate the names of participants in the application form.

TRAINING CAMP

After the Competition it's possible for Delegates to participate in a 1- week Training Camp with a Professional Coach. Please advise if you would like us to make the necessary arrangements.

FREE TIME

If you would like to visit the local area e.g. Rome, Bari, San Marino or the mountains (in Russian, Italian or English language) we can organize excursions.

COMMON TECHNICAL PROGRAM

LEVEL A LEVEL B						
Mini		1150 55005511115	LEVEL B	-		
2014-2013	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2014-2013	w/a	JUNIORS 2022-	w/a	Min=2 S Max.=4R		
Children	App. By choice	2024	App. By choice	Max.=8 DA W=2		
2012	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2012	w/a	JUNIORS 2022-	w/a	Min=2 S Max.=4R		
Children	App. By choice	2024	App. By choice	Max.=10 DA W=2		
2011	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2011	w/a	JUNIORS 2022-	w/a	Min=2 S Max.=4R		
Pre-junior	App. By choice	2024	App. By choice	Max.=15 DA W=2		
2010	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2010	App. By choice	JUNIORS 2022-	App. By choice	Min=2 S Max.=4R		
Junior 1	3	2024		Max.=15 DA W=2		
2009	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2009	App. By choice	JUNIORS 2022-	App. By	Min=2 S Max.=4R		
Junior 2	- 3 exercises:	2024	choice	Max.=15 DA W=2		
2008	1	UEG PROGRAMME	- 2 exercises:	DB=3-7 Diff.		
2008	App. By choice	JUNIORS 2022-	App. By	Min=2 S Max.=4R		
Junior 3	- 3 exercises:	2024	choice	Max.=15 DA W=2		
2007	1	UEG PROGRAMME JUNIORS 2022-	- 2 exercises:	DB=3-7 Diff. Min=2 S Max.=4R		
2007	App. By choice	2024	App. By choice	Max.=15 DA W=2		
Senior 1	- 3 exercises:		A MARK HERMAN BANKS AND BANKS AS THE	DB=3-9 Diff.		
		UEG PROGRAMME	- 2 exercises:			
2006	App. By choice	SENIORS 2022-	App. By choice	Min=2 S Max.=5R		
THE REPORT OF THE PERSON OF TH		2024		Max.=20 DA W=2		
Senior 2	- 3 exercises:	UEG PROGRAMME	- 2 exercises:	DB=3-9 Diff.		
2004 and	App. By choice	SENIORS 2022-	Арр. Ву	Min=2 S Max.=5R		
older	4 * * * * * * * * * * * * * * * * * * *	2024	choice	Max.=20 DA W=2		
	LEVEL C	,	LEVEL D			
Mini	- 2 exercises:	D=4,50 Max=5DB	- 2 exercises:	D=3.00 Max=4DB		
2014-2012	w/a	Min=2 S Max.=2R	w/a	Min=2 S Max.=1R		
No. 1000, No. 1000, Springer	App. By choice	Max.=5 DA W=2	App. By choice	Max.=2 DA W=2		
Children	- 2 exercises:	D=4,50 Max=5DB	- 2 exercises:	D=3.00 Max=4DB		
2011-2010	w/a	Min=2 S Max.=2R	w/a	Min=2 S Max.=1R		
and the second s	App. By choice	Max.=5 DA W=2	App. By choice	Max.=2 DA W=2		
Juniors	- 2 exercises:	D=4,50 Max=5DB	- 2 exercises:	D=3.00 Max=4DB		
2009-2007	App. By choice	Min=2 S Max.=2R	App. By choice	Min=2 S Max.=1R		
		Max.=5 DA W=2		Max.=2 DA W=2		
Senior 1	- 2 exercises:	D=4,50 Max=5DB	- 2 exercises:	D=3.00 Max=4DB		
2006	App. By choice	Min=2 S Max.=2R	App. By choice	Min=2 S Max.=1R		
and older		Max.=5 DA W=2	The statement to the statement of the st	Max.=2 DA W=2		

P.S. For all Level C and D:

Level C: D-max. p.4.50, DB=max. 5 difficulties from each group of body movement value: p. from 0,10-0.40

Level D: D-max. p.3.00, DB=max. 4 difficulties from each group of body movement, value p. from 0,10-0,30. The length of each exercise to be is from 0'45 to 1'00