



**6th INTERNATIONAL RHYTHMIC GYMNASTICS
TOURNAMENT FOR DALIA KUTKAITE CUP
5th - 6th of November, 2022**

DIRECTIVES

Dear Federations,

The Gymnastics Federation of Lithuania has the pleasure to invite your Federation to participate in the aforementioned official International Event.

DISCIPLINE	Rhythmic Gymnastics	
HOST ORGANIZATION	Lithuanian Gymnastics Federation Contact person: Algimantas Prunskas Zemaites Str. 6, Vilnius LT-03117, Lithuania Phone number: +370 52163808 Mobile phone number: +37069637663 E-mail: info@gimnastika.lt , Web: www.gimnastika.lt and Dalia Kutkaite Rhythmic gymnastics academy Contact person: Dalia Kutkaite phone no. +37069881588	
ORGANIZING COMMITTEE	Contact persons: Dalia Kutkaite, phone number: +37069881588 (lithuanian, spanish, russian) Natalija Devyziene, phone number: +37065654913 (lithuanian, english, russian) e-mail: daliacup@dka.lt ; Web: www.dka.lt	
LOCATION	Vilnius, Lithuania	
DATES	05 th - 06 th November, 2022	
VENUE	Compensa concert hall Kernavés str. 84, Vilnius 08216, Lithuania Phone number: +370 67772699 E-mail: renginiai@compensakonzertusale.lt Web: www.compensakonzertusale.lt	
APPARATUS SUPPLIER	SPIETH RG Floor „Beijing“ Ref. 1790280	
FEDERATIONS INVITED	The Organizing Member Federation invites all Member Federations and Clubs in good standing. International Federations and Clubs are entitled to participate with unlimited gymnasts. National clubs can participate with maximum of 2 individual gymnasts for each Category (limited of twelve gymnasts per club). Excluding organising club. Limited number of inscriptions – basis “first come- first serve”.	
PROVISIONAL SCHEDULE	04 th November, 2022 Arrival 05 th November, 2022 Judge meeting, 1 st Competition day 06 th November 2022 Judge meeting, 2 nd Competition day 07 th November 2022 Departure	
ENTRY FEES	Registration fee - 45 € per Individual gymnast; - 80€ groups.	
REGISTRATION DEADLINES	Definitive registration	27 th September, 2022
	Nominative registration	10 th October, 2022
REGISTRATION AND MUSIC	www.rgform.eu	

	<p>Dalia Kutkaite CUP 2022</p> <p>Music must be uploaded in mp3 format at www.rgform.eu on or before 21st October 2022.</p> <p>Registration will be done only online from the Ksis website. We attach the link http://rgform.eu/event.php?id_prop=3951</p> <p>You will have to put category, apparatus, photo and music, hotel, meal.</p>
ACCOMMODATION	<p>Courtyard by Marriott Vilnius 4****</p> <p>Rinktines str. 3, Vilnius 09234 courtyard.com</p> <p>The costs per room/night in Courtyard by Marriott Vilnius Hotel are as follows:</p> <p>65 EUR (single room, including breakfast) per person/night 75 EUR (double room, including breakfast) per room/night</p> <p>Accommodation Form (rgform.eu) must be uploaded on or before 10th October 2022.</p> <p>Full fee for hotel accommodation must be paid to the below account on or before 10th October 2022. The participating delegation is responsible for covering of all bank transfer fees.</p> <p>Beneficiary: VSI Dalius Kutkaites menines gimnastikos akademija Address: Seskines 45-5, Vilnius 07158, Lithuania Bank: UAB Medicinos bankas Address: Pamenkalnio str. 40, 01114 SWIFT: MDBA LT 22 IBAN: LT847230000000700493</p>
MEALS	<p>All the delegation members who booked their accommodation through the LOC will have breakfast included in the accommodation price.</p> <p>Breakfast will be served at the hotel.</p> <p>Lunch for judges and coaches will be served in the Competition Venue, during the competition days.</p> <p>In competition venue during competition days there will be possibility to have lunch (12 €/per person/lunch) for gymnasts.</p> <p>The Meals Form must be uploaded on http://rgform.eu/event.php?id_prop=3951 on or before 10th October, 2022.</p>
VISA	<p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 27th September 2022 to the OC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>

INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Organizations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation.</p>																
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations/Clubs must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the OC by 17th October 2022. http://rgform.eu/event.php?id_prop=3951</p>																
LOCAL TRANSPORTATION	<p>Organizers will provide transportation from Vilnius airport, Vilnius railway and bus stations to the Courtyard by Marriott Vilnius Hotel and the competition venue*. The cost of € 10 (per delegation member) for the local transportation.</p> <p>*Transport during competition days is included: Hotel- arena- hotel</p> <p>Please send the Travel schedule form to the OC (rgform.eu) on or before 17th October 2022. http://rgform.eu/event.php?id_prop=3951</p> <p>Transfers and transportations will only be available for those who book accommodation directly through the LOC.</p>																
JUDGES AND JURIES	<p>Only FIG brevet judges, with category I, II, III, IV (2022-2024) can judge. The participating Member must sent minimum one qualified Judge, as mentioned above. Failure to do so will result in a fine of 100 EUR – to be paid to the LOC.</p> <p>Judges must be available for the days of the tournament.</p>																
AWARDS	<p>Winners of the Tournament will be awarded :</p> <p>Cup for the 1st place, medals for first 3 gymnasts. All the participants will be awarded certificate of participation and presents.</p> <p>On the podium (top 3 gymnasts) can be maximum 2 gymnasts from one country in one age category. Also the organizers will award special prizes for <i>elegance, grace, hope and expression.</i></p>																
BANK ACCOUNT INFORMATION	<p>Beneficiary: VSI Dalios Kutkaite menines gimnastikos akademija Address: Seskines 45-5, Vilnius 07158, Lithuania Bank: UAB Medicinos bankas Address: Pamenkalnio str. 40, 01114 SWIFT: MDBA LT 22 IBAN: LT84723000000700493</p> <p>The participating delegation is responsible for covering bank fees in connection with the bank transfers.</p>																
MARKETING	<p>FIG advertising and publicity norms must be respected</p>																
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Sincerely Yours,

Dalia Kutkaite,



President of the Dalia Kutkaite rhythmic gymnastics academy

CATEGORIES, AGE LIMITS AND TECHNICAL PROGRAM

Category A:

Senior 2006 (and older)	4 app.	FIG program The winner will be decided on the results of 3 routines with the highest score.
Junior 2007-2008-2009	2 app. by choice	FIG program for juniors
Pre-Junior 2010-2011	2 app. by choice	FIG program for juniors
Children 2012	2 exercises: Hoop and 1 app. by choice	FIG program for juniors
Children 2013	2 exercises: Without apparatus, App. by choice	WA: DB 3-7: min. 1 jump, 1 balance, 1 rotation. 2 waves. Max. 1 R - 0,4 points. Min. 2 dance steps. Apparatus: DB 3-7. Min. 1 R, max.- 3R. DB - max. 4,50. DA: max. 15. A:10.00; E:10.00.
Children 2014	2 exercises: Without apparatus, App. by choice	WA: DB 3-7: min. 1 jump, 1 balance, 1 rotation. 2 waves. Max. 1 R - 0,4 points. Min. 2 dance steps. Apparatus: DB 3-7. Min. 1 R, max.- 3R. DB - max. 4,00. DA: max. 15. A:10.00; E:10.00.
Babies 2015 (and younger)	Without apparatus	WA: DB 3-7: min. 1 jump, 1 balance, 1 rotation. 2 waves. Max. 1 R - 0,4 points. Min. 2 dance steps.

Groups:

Children 2013-2014	Without apparatus (5 gymnasts)	6 DB (2+2+2), min 2S, min 2W. Max. 15 collaborations. No R. Exercise duration-2.30
Babies 2015 (and younger)	Without apparatus (3-4 gymnasts)	6 DB (2+2+2), min 2 S, min 2W. Max. 15 Collaborations. No R. Exercise duration - 1.45-2.00.

Category B:

Junior 2008	1 app. (hoop or clubs)	FIG program for juniors
Junior 2009	1 app. (hoop or clubs)	FIG program for juniors
Pre-Junior 2010	1 app. (hoop or ball)	FIG program for juniors
Pre-Junior 2011	1 app. (hoop or ball)	FIG program for juniors
Children 2012	1 app. (hoop or ball)	FIG program for juniors
Children 2013	Without apparatus	BD (max.0.40): min. 3 - max. 7; min. 1 jump, 1 balance, 1 rotation, 2 waves. Max. 1 R - 0,4 points. Min. 2 dance steps. Combined difficulties of body are NOT ALLOWED. DB - max. 2.50. A:10.00, E:10.00.
Children 2014	Without apparatus	BD (max.0.30): min. 3 - max. 7; min. 1 jump, 1 balance, 1 rotation, 2 waves. Max. 1 R - 0,4 points. Min. 2 dance steps. Combined difficulties of body are NOT ALLOWED. DB - max. 2.00. A:10.00, E:10.00.